



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

1. Since the age of 18, have you ever experienced a time interval of 3 or more months when you did not have a menstrual period? [PROBE: IF "YES": Was this one time only or more than once?]

- 1 No (Skip to question 4)
- 2 Yes One time only
- 3 Yes More than once
- 8 Don't know (Skip to question 4)

2. Were you breastfeeding at the time?

- 1 No (Skip to question 4)
- 2 Yes
- 8 Don't know (Skip to question 4)

3. Were you breastfeeding or pregnant every time this happened?

- 1 No
- 2 Yes
- 8 Don't know

4. During ages 18-22 what was the pattern of your menstrual cycles? (excluding time around pregnancies)

- Regular (within 8 days)
- Usually irregular
- Always irregular
- No periods

5. On average, during the last year, how many days were there in a typical menstrual cycle, that is, from the beginning of bleeding of one menstrual period to the beginning of bleeding of the next period?

1 Less than 21 days

2 21-25 days

3 26-32 days

4 33-35 days

5 36-90 days

6 More than 90 days

7 Too variable to say

-8 Don't know

6. Have your menstrual periods stopped permanently?

Yes, no menstrual periods

Yes, but have periods now due to female hormones (end)

No (end)

Not sure (end)

7. How old were you when your periods stopped?

Less than 35

35 -39

40 -44

45 -49

50 -54

55 or more

Protocol source: <https://www.phenxtoolkit.org/protocols/view/101101>