



## Data Collection Worksheet

**Please Note:** The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

By {yourself/himself/herself} and without using any special equipment, how much difficulty {do you/does Sample Person (SP)} have . . .

**HAND CARD - [IDENTICAL TO THE QUESTIONS AND RESPONSES BELOW.] DO NOT INCLUDE TEMPORARY CONDITIONS LIKE PREGNANCY OR BROKEN LIMBS.**

**RESPONSES: NO DIFFICULTY = 1, SOME DIFFICULTY = 2, MUCH DIFFICULTY = 3, UNABLE TO DO = 4, DO NOT DO THIS ACTIVITY = 5, REFUSED = 7, DON'T KNOW = 9.**

a.	managing {your/his/her} money [such as keeping track of {your/his/her} expenses or paying bills]?	_____
b.	walking for a quarter of a mile [that is about 2 or 3 blocks]?	_____
c.	walking up 10 steps without resting?	_____
d.	stooping, crouching, or kneeling?	_____
e.	lifting or carrying something as heavy as 10 pounds [like a sack of potatoes or rice]?	_____
f.	doing chores around the house [like vacuuming, sweeping, dusting or straightening up]?	_____
g.	preparing {your/his/her} own meals?	_____

h.	walking from one room to another on the same level?	_____
i.	standing up from an armless straight chair?	_____
j.	getting in or out of bed?	_____
k.	eating, like holding a fork, cutting food or drinking from a glass?	_____
l.	dressing {yourself/himself/herself}, including tying shoes, working zippers, and doing buttons?	_____
m.	standing or being on {your/his/her} feet for about 2 hours?	_____
n.	sitting for about 2 hours?	_____
o.	reaching up over {your/his/her} head?	_____
p.	using {your/his/her} fingers to grasp or handle small objects?	_____
q.	going out to things like shopping, movies, or sporting events?	_____
r.	participating in social activities [visiting friends, attending clubs or meetings or going to parties]?	_____
s.	Doing things to relax at home or for leisure [reading, watching TV, sewing, listening to music]?	_____
t.	Pushing or pulling large objects like a living room chair?	_____

Protocol source: <https://www.phenxtoolkit.org/protocols/view/151101>