



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Brief Assessment of Recovery Capital (BARC-10)

Instructions: On a scale of 1 (*Strongly disagree*) to 6 (*Strongly agree*), please indicate your level of agreement with the following statements.

1. There are more important things to me in life than using substances.

- 1 ☐ Strongly Disagree
- 2 ☐ Disagree
- 3 ☐ Somewhat Disagree
- 4 ☐ Somewhat Agree
- 5 ☐ Agree
- 6 ☐ Strongly Agree

2. In general I am happy with my life.

- 1 ☐ Strongly Disagree
- 2 ☐ Disagree
- 3 ☐ Somewhat Disagree
- 4 ☐ Somewhat Agree
- 5 ☐ Agree
- 6 ☐ Strongly Agree

3. I have enough energy to complete the tasks I set myself.

- 1 ☐ Strongly Disagree

- 2 [] Disagree
- 3 [] Somewhat Disagree
- 4 [] Somewhat Agree
- 5 [] Agree
- 6 [] Strongly Agree

4. I am proud of the community I live in and feel part of it.

- 1 [] Strongly Disagree
- 2 [] Disagree
- 3 [] Somewhat Disagree
- 4 [] Somewhat Agree
- 5 [] Agree
- 6 [] Strongly Agree

5. I get lots of support from friends.

- 1 [] Strongly Disagree
- 2 [] Disagree
- 3 [] Somewhat Disagree
- 4 [] Somewhat Agree
- 5 [] Agree
- 6 [] Strongly Agree

6. I regard my life as challenging and fulfilling without the need for using drugs or alcohol.

- 1 [] Strongly Disagree
- 2 [] Disagree
- 3 [] Somewhat Disagree
- 4 [] Somewhat Agree
- 5 [] Agree

6 [] Strongly Agree

7. My living space has helped to drive my recovery journey.

1 [] Strongly Disagree

2 [] Disagree

3 [] Somewhat Disagree

4 [] Somewhat Agree

5 [] Agree

6 [] Strongly Agree

8. I take full responsibility for my actions.

1 [] Strongly Disagree

2 [] Disagree

3 [] Somewhat Disagree

4 [] Somewhat Agree

5 [] Agree

6 [] Strongly Agree

9. I am happy dealing with a range of professional people.

1 [] Strongly Disagree

2 [] Disagree

3 [] Somewhat Disagree

4 [] Somewhat Agree

5 [] Agree

6 [] Strongly Agree

10. I am making good progress on my recovery journey.

1 [] Strongly Disagree

2 [] Disagree

3 [] Somewhat Disagree

4 [] Somewhat Agree

5 [] Agree

6 [] Strongly Agree

Scoring:

The score for each question is added together to create the participant's total score. Total scores can range from 10 to 60. The abbreviated 10-item measure of recovery capital captured item representation from all 10 original subscales, was invariant across participant's geographic locality, gender, had high internal consistency ($\alpha = .90$), and concurrent validity with the original measure ($r_{pb} = .90$).

Protocol source: <https://www.phenxtoolkit.org/protocols/view/590502>