Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

MULTIDIMENSIONAL MUTUAL-HELP ACTIVITY SCALE (MM-HAS)

[REPEAT MEASURE FOR EACH FELLOWSHIP/SUPPORT GROUP ATTENDED]

Please answer the following questions for [support group].

Do you currently consider yourself to be a member of [support group]? Select one.

[ ] Yes

[ ] No

In the past 3 months (90 days), did you…

	Yes	No
1. Have a sponsor?	**[ ]**	**[ ]**
2. Have contact with your sponsor either by phone or in person outside of a [support group] meeting?	**[ ]**	**[ ]**
3. Have contact with other [support group] members either by phone or in person outside of a meeting?	**[ ]**	**[ ]**
4. Read 12-step literature (big book, step book, "24	**[ ]**	**[ ]**

hours a day") outside of a [support group] meeting (e.g., at home)?		
5. "Share" or talk during [support group] meetings?	**[ ]**	**[ ]**
6. Help with setting up/running [support group] meetings (e.g., making coffee, setting up chairs)?	**[ ]**	**[ ]**

While participating in [support group] in the 3 months (90 days), have you…

	Yes	**No**
7. Completed a written inventory (Step 4)?	**[ ]**	**[ ]**
8. Discussed your written inventory with another person (i.e., completed a Step 5)?	**[ ]**	**[ ]**
9. Made a list of people you have harmed (Step 8)?	**[ ]**	**[ ]**
10. Made direct amends to people you have harmed (Step 9)?	**[ ]**	**[ ]**
11. Prayed or meditated when not at a meeting (Step 11)?	**[ ]**	**[ ]**
12. Tried to help new/other members at or outside of a meeting (Step 12)?	**[ ]**	**[ ]**

13. On a scale from 1 to 10 where 1 = "not at all helpful" and 10 = "extremely helpful," how helpful is [support group] in your recovery efforts?

[Enter number between 1 and 10]

14. On a scale from 1 to 10 where 1 = "do not enjoy at all" and 10 = "enjoy a great deal," how much do you enjoy attending [support group] meetings?

[Enter number between 1 and 10]

15. On a scale from 1 to 10 where 1 = "not at all safe" and 10 = "completely safe," how safe do you feel when attending [support group] meetings?

[Enter number between 1 and 10]

Scoring:

Individual items are scored dichotomously as 0 (No) and 1 (Yes). Total score is the sum of items 1, 2, 3, 4, 5, 6, 7, and 12.

Protocol source: https://www.phenxtoolkit.org/protocols/view/590603