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| **Maximum Adult Weight** |
| **Protocol Id** | 021001 |
| **Description of Protocol** | Interview question asking the study participant to recall his/her maximum adult weight. |
| **Specific Instructions** | Participants are told to report to the best of their ability, their maximum adult weight in pounds or kilograms. For women, specify that the weight should not be reported for times that they were pregnant. |
| **Protocol Text** | The following protocol is part of a computerized interview. This may also be used in a noncomputerized format. In addition, this could be used as a personal interview or self-administered format.What is the most {you have/[participant]\* has} ever weighed? [Do not include any times when {you were/she was} pregnant.]Note to interviewer: ENTER WEIGHT IN POUNDS OR KILOGRAMSCAPI INSTRUCTION: DISPLAY OPTIONAL SENTENCE {Do not include . . .} **ONLY** IF SP IS FEMALE.|\_\_\_|\_\_\_|\_\_\_| ENTER NUMBER OF POUNDSCAPI INSTRUCTION: SOFT EDIT 75-500, HARD EDIT 50-750OR|\_\_\_|\_\_\_|\_\_\_| ENTER NUMBER OF KILOGRAMSCAPI INSTRUCTION: SOFT EDIT 34-225, HARD EDIT 23-338OR**7777**[ ]REFUSED (END OF SECTION)**9999**[ ]DON’T KNOW (END OF SECTION)How old {were you/was [participant]\*} then? [If you don’t know {your/his/her} exact age, please make your best guess.]Note to interviewer: ENTER AGE IN YEARS|\_\_\_|\_\_\_|\_\_\_| ENTER AGE IN YEARS**7777**[ ]REFUSED (END OF SECTION)**9999**[ ]DON’T KNOW (END OF SECTION)\*When the question is being asked of a proxy respondent, insert the participant’s name here. |
| **Selection Rationale** | The National Health and Nutrition Examination Survey (NHANES) 2007-2008 protocols were selected as best practice methodology and one of the most widely used protocols to assess weight. The studies from which these protocols are derived provide a valid national comparator database. |
| **Source** | Centers for Disease Control and Prevention (CDC), National Center for Health Statistics (NCHS). (2007-2008). National Health and Nutrition Examination Survey Weight History Questionnaire. Hyattsville, MD: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. (questions WHQ.147 L/K, WHQ 150) |
| **Language** | English |
| **Participant** | Participant >18 years of age |
| **Personnel and Training Required** | The trained interviewer should be able to administer a questionnaire and have the ability to probe for information as necessary. |
| **Equipment Needs** | None |
| **Standards** |

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| **Standard** | **Name** | **ID** | **Source** |
| Common Data Elements (CDE) | Person Maximum Adult Weight Value | 2793282 | [CDE Browser](https://cdebrowser.nci.nih.gov/CDEBrowser/search?elementDetails=9&FirstTimer=0&PageId=ElementDetailsGroup&publicId=2793282&version=1.0) |
| Logical Observation Identifiers Names and Codes (LOINC) | Max adult wt proto | 62411-4 | [LOINC](http://s.details.loinc.org/LOINC/62411-4.html?sections=Web) |

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| **General References** | None |
| **Protocol Type** | Question |
| **Derived Variables** | None |
| **Requirements** |

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| **Requirement Category** | **Required** |
| Average time of greater than 15 minutes in an unaffected individualAverage time of greater than 15 minutes in an unaffected individual | No |
| Major equipmentThis measure requires a specialized measurement device that may not be readily available in every setting where genome wide association studies are being conducted. Examples of specialized equipment are DEXA, Echocardiography, and Spirometry | No |
| Specialized requirements for biospecimen collectionThis protocol requires that blood, urine, etc. be collected from the study participants. | No |
| Specialized trainingThis measure requires staff training in the protocol methodology and/or in the conduct of the data analysis. | No |

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